Weekly Friday 14 February 2025

THE BLAZE

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Dear Parents

As mentioned last week, our seniors (G12) have spent the past week undertaking 'mock' **IB Diploma examinations**—a series of practice exams that seek to mirror, as closely as possible, the upcoming final examinations in April and May, thereby better preparing students for the significant challenge ahead. The results of these examinations will provide students and teachers alike with valuable insights into their preparedness for the finals, thus allowing the next two months to be strategically targeted towards helping students achieve to the best of their abilities. Congratulations to our Seniors on a terrific effort this week - be sure to enjoy some restful downtime this weekend!

Parents will all be aware that our school is currently in the process of preparing for a synchronized three-party team evaluation visit in May by our three accrediting agencies, the IB, CIS, and WASC. As part of our work towards the visit, and towards the future, teachers, staff, students, and parents have been working on a range of curriculum related projects, including what we are referring to as Project 4: 'Student Agency and Duties of Citizenship'. One of the outcomes of this global citizenship-oriented project is the development of a 'community curriculum' that seeks to bring together and engage all members of our community in structured efforts to achieve common, shared purposes.

Part of this process involves the annual setting of a community-wide goal (see link in the Contents menu) that encourages parents to reinforce some of the international mindedness messaging that we promote at school ... I trust that you have discussed the goal of cultivating a climate of reflective inquiry with your children! The new community curriculum initiative is also seeking to provide a parallel structure that reinforces the community-wide goal with other key elements of our school's commitment to global citizenship, which include eight conceptual domains and associated learning experiences related to 'Leadership and Inclusion', 'Diversity', 'Global Issues', 'Communication', 'Service', 'Sustainable Lifestyles', China and Tianjin Context', and 'Ethics and Equity'.

Each month we will now highlight one of these eight key domains for community-wide reflection and inquiry (as per the annual goal), and this month the focus is on 'Ethics and Equity'. Ethics relate to the moral principles that govern our daily behavior as world citizens, and equity to the moral quality of being fair and impartial in our treatment of others, including the distribution of resources and opportunity. I encourage all IST community members to think about, inquire and reflect on these notions, and to take time to help your children understand how these concepts impact our lives as members of families and communities, both here in China and beyond.





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Another important opportunity for reflective inquiry and learning will take place during the three **parent educational forums that will follow the PFO Meeting next Wednesday morning**. Presentations include Action and Service Learning (Ms. Bekkenk), Creative and Writing Processes (Mr. Schaaf), and Time Management (Ms. Jiang). I encourage all parents to come into school to engage in these community building information sessions!

Finally, please note that we will be sending out a very quick parent survey on Monday asking that you provide us with an early indication of your likeliness to have your children return to IST next school year, or not. The survey is 'non-binding' and simply provides us with important data on what enrolment is likely to look like, and this is obviously important for the school in determining our budget and our staffing allocation. You are asked to please indicate whether you are likely to return, are undecided, or likely to leave IST next year. We will then release another survey later in the year, by which time we hope undecided parents in particular will be more able to confirm their plans. Please do complete the survey ... it will literally take you less than one minute!

I wish you all a most enjoyable and relaxing weekend, especially with the weather warming up considerably!

Steve Moody





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Gratitude: A Key to Well-Being

At IST, we focus on the well-being of our students, and this week, we want to emphasize the importance of gratitude within the PER-MA model, which stands for Positive Emotion, Engagement, Relationships, Meaning, and Accomplishment. Practicing gratitude can greatly |. A strength of mine for which I am grateful is... enhance our daily lives. By taking a moment to us, we can boost our positive emotions and helps us connect better with friends and famactivities. Recognizing what we're thankful for can also bring greater meaning to our lives and 5. Something in nature of that I'm grateful for is... a stronger sense of accomplishment. We encourage all students to take a moment each 6. A memory I'm grateful for is.... day to reflect on what they are grateful for—it

This week's Parent Partnership includes some gratitude prompts for you to enjoy together with your children.

IST Counseling

GRATITUDE PROMPTS

- appreciate the people and experiences around 2. Something money can't buy pthat I'm grateful for is...
- feel more joy and contentment. This practice 3. Something that comforts me that I'm grateful for is...
- ily and encourages us to engage fully in our 4. Something that's funny for which I'm grateful for is...
- can truly make a difference in your well-being! 7. Something that changes that I'm grateful for is....
 - I'm grateful for is....
 - 9. Something interesting that I'm grateful for is...
 - 10. Something beautiful 'm grateful for is...

IST Counseling Office



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DP Coordinator: ellie_chuah@istianjin.org.cn College Counsellor: ambika_GB@istianjin.org.cn

DP OPTION afternoon

Date and Venue

26 February 2025 2:30 - 4:15 pm Han Teacher Centre

Event

Information on subject selection conditions and the opportunity to speak with subject teachers, the DP Coordinator, and the College Counsellor.

Bus Info

13:30 pick-up from Olympic Tower 13:50 pick-up from Aocheng 16:15 return from IST









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Calling All IST Alumni in Singapore!

Mark your calendars for 21st March because we have an exciting opportunity to reconnect with the IST family!

Mr Moody, Mr Conway, Ms Chuah, Ms McCord, and Ms Suarez from the International School of Tianjin are coming to Singapore and would love to meet YOU!

This is your chance to catch up with old friends, share your post-IST adventures, and celebrate the amazing network of our alumni community. Details on the time and location will be announced soon – stay tuned!

If you are interested in joining, let us know by filling out this quick survey: https://forms.office.com/r/vWDrRsqccU or contacting us via IST's official WeChat account.

Let's relive the IST spirit and create more wonderful memories together. We cannot wait to see you there!





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Gut Zhou Trip

MARCH 19 TO APRIL 3

ESTIMATED COST RANGING FROM $\frac{43,600}{10}$ TO $\frac{44,700}{44,700}$, DEPENDING ON THE NUMBER OF PARTICIPANTS.

EDUCATION

Enhance awareness and education on gender equality, menstrual health, and mental and physical wellness through engaging workshops.

hosted by Redefining Pink x
Chromatics:

Bernie & Min Hee

READING INTEREST

Engaging with children in rural areas through reading activities that promote creative expression and cultural learning.

hosted by Inspire Beyond Books: You Yang & Molly PHYSICAL ACTIVITIES

Exciting outdoor games and activities that foster teamwork and coordination, offering a refreshing break from academic sessions through a series of enjoyable outdoor experiences.

hosted by Brown & Lucas

Through hands-on service projects, you'll directly contribute to the local community while experiencing personal growth and the joy of giving back. It's a unique blend of travel, purpose, and connection—an experience that will leave a lasting impact on both you and those you serve.

Scan the QR code if you are interested in joining this trip!

Students' interest in participating the Guizhou Trip





If you're interested in joining us, please scan the QR code and fill in the survey! Spots are limited to 10 students, so don't miss this chance to make a meaningful impact!







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IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Panda Book Awards

Voting is now open for the Panda Book Awards! All parents, students, and teachers are invited to vote for their favorite Panda Books (*students in kindergarten to grade 5 will vote during their library classes*). Please scan the QR code to cast your vote for your favorite!

The Panda Book Awards is a reading initiative which invites students and teachers from participating international schools in China and beyond to vote for their favorite book published in the previous school year.



February is Love of Reading Month

We are celebrating our love of books and reading for "Love of Reading" month in February. Stop by the library for a "Blind Date with a Book" or to check out IST Elementary's favorite books!

















Parent Book Club

Our next Parent Book Club selection is the novel *The Memory Police* by Yoko Ogawa. We will meet in the library to discuss the book on Thursday, Feb. 27 at 8:30 am. The library has copies of the book in English, Chinese, Korean, and German. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book.



Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30



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Dear Community,

I am happy to invite you to the Art Exhibition which concludes the CCA session of Art Through Time that your children participated in during CCA Session 2!

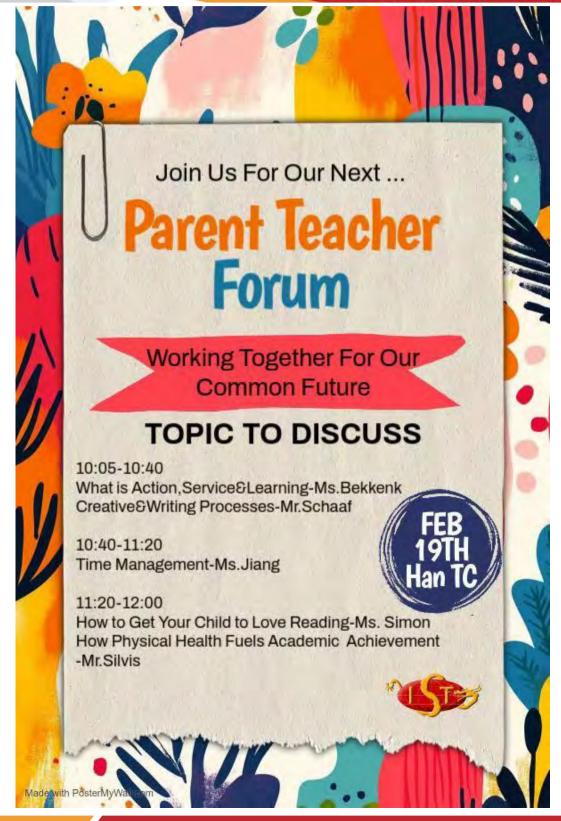
During the CCA they all learned about 4 distinct art movements and worked hard to create their own artwork based on one of these themes. Join us in the exhibition to find out more information about Art History and appreciate the creativity and newly gained skills that these students will tell you all about!

When?: Wednesday, 26th of February, 14:30 **Where?:** Elementary Foyer





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Please come and Join in!
Wednesday
19th February

- 8:15 Coffee and Korean snacks
- 9:00 Elementary student council present
- 9:10 Director & principal introduction
- 9:30 Grade 4 students perform recorder
- 9:45 Upcoming events with PFO
- 10:00 Parent education forum





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Come along to our monthly meet ups to discuss books and enjoy coffee & cakes!

This month's book is *The Memory Police* by Yoko Ogawa. The library has copies in English, Chinese, and Korean.

Our next meeting is Thursday February 27th at 8.30am in the Library.



Even if you haven't read the book come along.

Book suggestions welcome. Hope to see you there!





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Community-wide Goal: Cultivating a Climate of Reflective Inquiry (IBLP)

As an internationally minded school community, we will strive to develop learners who thoughtfully consider the world and their own ideas and experiences. We will work together to cultivate a culture of reflective inquiry where all members of our community:

- Carefully consider their own learning and growth.
- Analyze issues from multiple viewpoints, seeking to understand diverse experiences and consider alternative solutions.
- Learn from mistakes and failures, using setbacks as opportunities for deeper learning and development.
- Pause to think critically about assumptions, biases, and the reasons behind one's beliefs and decisions.
- Engage in ongoing self-assessment, setting goals for continued intellectual, social, and personal development.







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Weekly Menu (N-G2) 17 ~21 Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt	Carrot Cake	Mini Pizza	Banana Bread	Cheese Sandwich
Fruit Cut	Fruit Cut	Fruit Cut	Fruit Cut	Fruit Cut Chicken Finger
Pizza Margherita 芝士比萨 Stir fry Vegetables 炒蔬菜 <u>Allergy: wheat, cheese</u>	Steamed Pork Dumplings 小笼包 Stir fry Vegetable 炒蔬菜 <u>Allergy: wheat, soya sauce</u>	Spaghetti Bolognese 毒茄肉酱面 Stir fry Vegetable 炒蔬菜 <u>Allergy: beef, cheese</u>	Hamburger 牛肉这隻 French Fries 薯条 <u>Allergy: wheat, soya sauce</u>	大學 作場条 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 Allergy: breadcrumb
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 卷 周 誉 养 分析	Energy 热 曼 (Kcal) 716	Protein 委布质(g) 25	Carbohydrate 碳水(g) 106	Fat 鳰 / / / / / / / / / / / / / / / / / /

24 ~ 28 Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt	Steamed Dumplings	Banana Bread	Carrot Cake	Ham Sandwich
Fruit Cut	Fruit Cut	Fruit Cut	Fruit Cut	Fruit Cut
Macaroni and Cheese	Pork Dumplings	Chicken Teriyaki	Hot Dog	Chicken Quesadilla
芝士小弯面	猪肉水绞	照烧鸡排	热狗	鸡肉芝士饼
Stir fry Vegetable 妙蔬菜 Allergy: soya sauce, wheat	Stir fry Corn 炒玉米粒 Allergy: soya sauce, wheat	Stir fry Vegetable 炒蔬菜 Allergy: soy sauce, breadcrumb	Stir fry Vegetable 妙蔬菜 <u>Allergy: wheat</u>	Stir fry Vegetable 妙蔬菜 Allergy: wheat, cheese
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 参用营养分析	Energy 热量(Kcal) 720	Protein 委句质(g) 26	Carbohydrate 碳水(g) 102	Fat /指/坊 (g) 23

Weekly Menu (G3-G12) 17~21 Feb

Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Pizza Margherita 差士比萨 Stir fry Vegetable 炒蔬菜 Roasted Sweet Potatoes 烤地瓜 Allergy: wheat, cheese	Chicken Stewed French Style 茶末奶油鸡 Stir fry Vegetable 炒时蔬 Mashed Potatoes 土豆泥 Allergy: milk, mustard	Spaghetti Bolognese 肉酱面 Stir fry Vegetable 炒蔬菜 <u>Allergy: beef, cheese, milk</u>	Hamburger 牛肉汉堡 French Fries 薯条 <u>Allergy: wheat, soya sauce</u>	Sausage and Potato Stew 西班牙风味香肠炖土豆 Stir fry Vegetable 炒时蔬 Pasta 意大利而 Allergy: wheat, soya sauce
Stir Fried Eggplant 红境茄子 Cabbage and Tofu Stew 白菜炖冻豆腐 Fried Egg 虎皮鸡蛋 <i>Allergy: egg. soya sauce</i>	Stir Fried Shrimp with Gluten 虾仁独面篇 Deep Fried Green beans 干煸豆角 Allergy: soya sauce, shrimp	Chicken Teriyaki 日式服烧鸡排 Stir Fried Vegetables 炒叶蔬 Allergy: soya sauce, breadcrumb	Korean Soybean paste Soup 大酱汤 Plain Rice 米级 <u>Allergy: soya sauce, chili</u>	Sweet and Sour Chicken 糖醋鸡柳 Stir fry Potatoes with Green Pepper 青椒土豆丝 Green Vegetables 炒青菜 Allergy: garlic, soya sauce
Noodles with Tomato and Egg Sauce 毒為鸡蛋面 Dried Tofu with Green Pepper 青椒土豆丝 Allergy: wheat, egg	Stir Fried Pork in Pita Bread 京醬肉丝配荷叶饼 Mixed Vegetables 素什锦/蕨根粉 Allergy: wheat, soya sauce	Steamed Pork and Chinese Cabbage Dumplings 猪肉白菜包子 Cabbage Salad 麻酱拌牛筋面/拌洋白菜 Allergy: seasame, wheat	Noodles with Spicy Chicken 大盘鸡配宽面 Stir Fry Green Vegetables 炒青菜 <u>Allergy: wheat, soy sauce</u>	Noodles in Beef Soup 毒茄牛肉面 Boiled Vegetable 煮蔬菜 Allergy: wheat, soya sauce
	Stir Fried Vegetables in Pita Bread 荷叶饼夹蔬菜	Vegetable Dumplings 蔬菜包	Vegetable Soybean Soup 蔬菜大酱汤	Noodles in Tomato Soup 番茄汤面
Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 	Red Bean and Job's Tears Soup 红豆恙米水	Vegetable and Egg Soup 蔬菜鸡蛋汤	Millet Congee 小米粥
Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Rice Balls 糯米糍
Nutritional reading over the week 备用营养分析	Energy 热量 (Kcal) 782	Protein 委 6	Carbohydrate 碳水(g) 107	Fat 脂肪(g) 23







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DIARY DATES

Saturday - Feb 22, 2025 Scholarship Exams

Wednesday - Feb 26, 2025 DP Option

Wednesday - Mar 5, 2025 Scholarship Interviews

Wednesday - Mar 12, 2025 PYP Exhibition

Friday~Sunday - Mar 14~16, 2025 DIMUN

Wednesday~Thursday - Mar 26~27, 2025 Parent-Teacher Conferences (Afternoon)

Thursday - Mar 27, 2025 DP Arts Exhibition

SPORTS DATES

19-Feb (Wed) ISCOT Chess (G4-12) (12:00-15:30) WEL

24-Feb (Mon) HS Football v WEL Boys & Girls @ WEL

3-Mar (Mon) HS Football v TEDA Boys & Girls @ IST

> 4-Mar (Tues) MS Basketball v TEDA Boys & Girls @ TEDA

7-Mar (Fri) ISCOT ES Badminton (12:00-15:30) TIS (WELL Backup)

> 8-Mar (Sat) ISAC HS Badminton Boys @ WAB; Girls @ ISB

> > 10-Mar (Mon) HS Football v TIS Boys & Girls @ IST

Welcome to the IST Sports and Co-Curricular Activities (CCA) Program for the 2024-2025 school year

Please take note of the following dates:

Season 2 Sport Schedule

- © Starts Monday, 25 Nov and ends Friday, 28 Feb
- $^{\odot}$ The program will run for approximately 10 school weeks
- No CCAs during holidays and PTSCs (conferences)

Please do not hesitate to contact our department with any questions.

- Mr. Kennedy Athletics Director (byron_kennedy@istianjin.org.cn)
- Mr. Silvis Activities Director (ben_silvis@istianjin.org.cn)
- Ms. Guo Ying Activities Officer (CCA's) (ying_guo@istianjin.org.cn)
- Ms. Durian Wang Activities Officer (Sports) (durian_wang@istianjin.org.cn)
- Activity Office: telephone 022-28592003 / extension 8150.