



# THE BLAZE

Working Learning Acting TOGETHER



Dear Parents

It is terrific to be back in Tianjin and school following both the Winter holiday vacation and a successful teacher recruitment drive at regional recruitment fairs. It is also especially nice to return to such mild winter weather and such lovely, clear blue skies. In my 29 years in Tianjin, I cannot recall the weather ever being so pleasant at this time of year ... let's hope it stays this way for the upcoming Chinese New Year holiday and celebrations (as a snake, I can assure you we prefer warm weather!)

It was also terrific to see so many parents in school on Tuesday evening enjoying the **MADD Night** Art exhibition and performances. The Han foyer was filled with beautiful art works representing the majority of our students, and in the theatre, we were entertained by a number of our talented and budding musicians. I was especially impressed by the Middle School beginning band performances, where students performed following just a few weeks of practice with their new instruments - Great stuff!

A reminder that **Wednesday marked the end of Semester 1**, which means that we will be sending home progress reports next Friday. Please note that we will be sending home electronic copies of reports this year, but parents are welcome to request hard copies too (Mr. Conway sent home a registration form, but please feel free to contact the school office if you missed this opportunity). We are all very proud of the progress students have made over the first part of the school year and know that they will continue to develop and shine in Semester 2, too. Should you have any questions or concerns about your child's learning progress, please do not hesitate to contact his or her homeroom teacher.

Earlier this week parents should have received a notice from the school nurse regarding the upcoming **student health screening** immediately following the Chinese New Year holiday. Please contact Nurse Hongman at [Hongman\\_Zhang@istianjin.org.cn](mailto:Hongman_Zhang@istianjin.org.cn) if you have any questions. And while on the topic of health, please be sure to pay close attention to the item later in Blaze related to registering to give blood donations at school this week (adults and students 18 years+) – every drop helps save a life!

We have **several exciting events at school next week** that all parents are encouraged to come along to attend:

Monday

- Lion Dance (professional performers) in the Han Avenue at 9:45AM

Wednesday

- Temple Fair in the Han Theatre at 8:30AM
- PFO Chinese New Year Bazaar (Han Building, second floor): 9:30AM-2:00PM

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# THE BLAZE

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- Grade 10 Personal Project Exhibition (Han Building, first floor Student Center): 10:00AM-12:50PM
- Blood Donations (outside in the main avenue between buildings): 10:00AM-4:00PM

Friday

- Dragon Dance (Grade 5) in the gymnasium at 3:00PM

Although of limited interest to parents, I would also like to share that **teachers and support staff will work in school tomorrow** on a range of individual, team and school-wide goals, taking an opportunity for uninterrupted collaborative time together. I wish to thank our hardworking staff for giving up their Saturday!

Wishing you all a wonderful weekend in balmy, mid-Winter, Tianjin!

Steve Moody  
Director





## International School of Tianjin Scholarship Program

The International School of Tianjin (IST) is excited to announce its scholarship program for students in their final two years of school. This initiative serves two key purposes:

1. **Support for Current IST Students:** We offer exceptional educational opportunities to talented students facing financial challenges.
2. **Enrichment for Non-IST Students:** We welcome talented non-IST students to enhance our diverse community and the quality of our IB Diploma Programme.

### Scholarship Details

#### Types of Scholarships

Scholarships are available for students entering Grade 11, with awards lasting up to two years:

- **Full Scholarships:** Cover all tuition and capital fees for Grades 11 and 12.
- **Tuition Scholarships:** Cover tuition fees only for Grades 11 and 12.
- **Bursaries:** Cover half the tuition fees for Grades 11 and 12.

#### Benefits

Students in the scholarship program will receive an excellent education, culminating in the IST High School Diploma. As an IB World School, students also have the chance to earn a full IB Diploma, **recognized by top universities worldwide.**

#### Selection Process

Each year, up to three scholarships or bursaries may be awarded to current IST students, with an equal number available for non-IST applicants. The selection includes:

- **Examinations**
- **Formal Interviews**
- **Final Decision by the IST Scholarship Committee**

#### Criteria for Selection:

- **Academic Excellence:**
  - Current IST students must have honors/high honors in at least 2 of the last 3 semesters.
  - Non-IST candidates should be in the top 25% of their class.
- **Community Contribution:**
  - Active involvement in CAS activities.
  - Promotion of the IB Diploma Programme.
  - Leadership within the school community.
- **Financial Need:** Consideration for current IST students needing financial assistance. (Non-IST students **DO NOT** need to demonstrate financial need.)

#### Eligibility

Students of **all nationalities** are encouraged to apply. Current IST students with financial difficulties can apply, but families may receive only one full scholarship at a time.

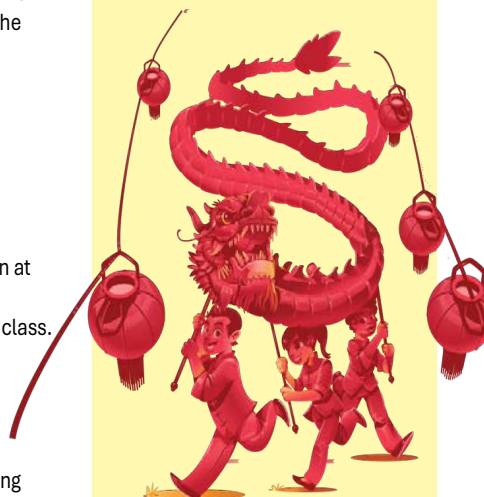
A strong command of English is essential.

#### Application Process

To apply, candidates should request an application package from the school.

#### Key dates:

- **Application Deadline:** 3:30pm, Friday, February 7, 2025
- **Scholarship Examinations:** Saturday, February 22, 2025 (9:00am–2:30pm)
- **Interviews:** Around March 5, 2025
- **Award Announcement:** Late March 2025





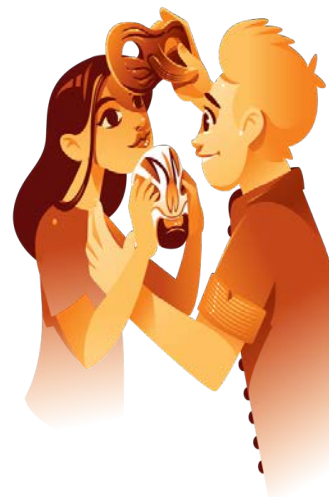
## Required Documents

### From the Student:

- Personal statement covering your interests and reasons for applying.
- Previous two years' report cards from your school. (Including IST students)
  - Certificates for any honors or awards received.
- At least two character reference letters (non-family).
  - IST students do not need a character reference but should give the names of two teachers who agree to support the application.
- Any other relevant details.

### From the IST Parent (if applicable):

- A formal letter explaining financial circumstances.
- A letter from an employer stating that tuition is not covered by the company.
- Non-IST students **DO NOT** need to demonstrate financial need.



### Application Fee

A **2,000 RMB** application fee is required, with the following conditions:

1. **Refunds:** Full scholarship recipients or those not awarded a scholarship will receive a complete refund.
2. **Tuition Scholarships/Bursaries:** The fee will be credited towards the standard application fee.
3. **Declined Offers:** Candidates who decline a scholarship offer forfeit the fee.

## Scholarship Selection Process

### Application

To apply for a scholarship, students must submit the **Scholarship Application Form** and **Fee** by **3:30pm on Friday, February 7, 2025**. This form collects personal details and educational history.

### Important:

- Attach all required documents (see 'Required Documents' section).
- Incomplete or late applications will not be considered.

### Examinations

Exams will take place at the school on **Saturday, February 22**, from **9:00am to 2:00pm**. Students will complete three papers:

1. **Mathematics** (9:00am–10:30am)  
Focus: Mathematical skills and problem-solving.
2. **English** (10:45am–12:15pm)  
Focus: Reading comprehension and essay writing.

3. **Science** (12:30pm–1:45pm)

Focus: General problem-solving, logic skills, and scientific writing (not based on specific course content).

### Interview

After the exams, selected candidates will be invited for an interview with the selection panel, which includes the Director, Secondary Principal, Diploma Coordinator, and IST Board of Governors members. Discussion topics will include the student's potential contributions to the school and their short- and long-term goals. Feel free to bring supporting materials to the interview.

**Interviews will be scheduled for March 5** unless otherwise notified.

### Results

Candidates will receive their results by **late March**. Good luck!



## Scholarship Application Form

Student Information				
Family Name		First Name		Gender (Male / Female)
Date of Birth (mm/dd/yy)			Age at time of application	
Nationality & Citizenship	Native Language	Language at Home	Other Languages	
Email Address				
Schools Attended (Begin with current school)				
Grade(s)	School Name	Location (city/country)	Language(s) of Instruction	Dates Attended mm/yy – mm/yy

Please complete all parts of this application form



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Parent Information		
<b>MOTHER</b>		
Family Name	First Name	Nationality & Citizenship
Company Name		Position
Mother Signature	Cell Number	Email
<b>FATHER</b>		
Family Name	First Name	Nationality & Citizenship
Company Name		Position
Father Signature	Cell Number	Email

GUARDIAN (If Applicable)		
Family Name	First Name	Nationality & Citizenship
Guardian Signature	Cell Number	Email
Address in Tianjin		



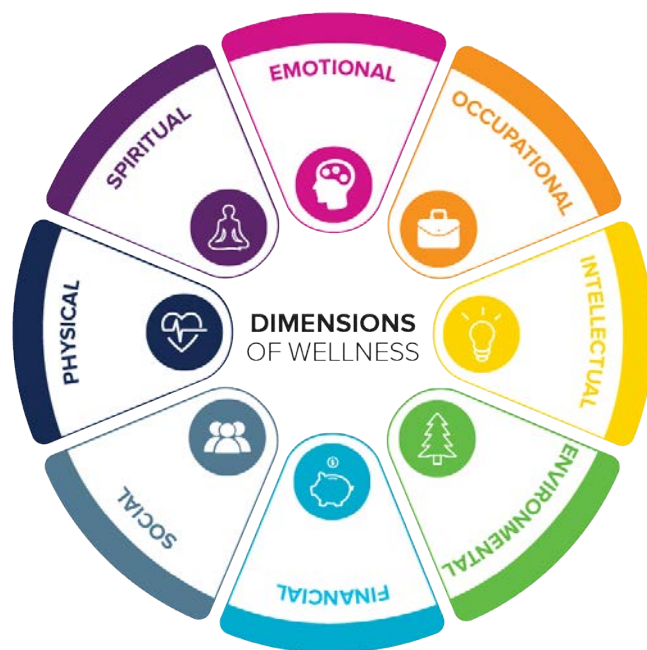
## Parent Partnership

Dear Parents,

We are pleased to update you on the ongoing efforts of our Physical Health and Wellbeing Committee, which is dedicated to enhancing the physical health and overall well-being of our students. In response to the challenges posed by the COVID-19 pandemic—such as declines in fitness levels and increased sedentary behavior—our school is actively researching and implementing strategies that prioritize physical education. Our initiatives aim to promote personalized and differentiated approaches that support not only physical wellness but also the social and emotional well-being of our students. Through various programs, including health education and fitness activities, we are encouraging students to cultivate healthier habits and develop intrinsic motivation for lifelong wellness.

As we look to the future, we are focused on fostering greater engagement within our school community. We aim to enhance communication between students, parents, and teachers to promote continuous improvement in physical well-being. Our plans include exploring opportunities for parent education and student-led initiatives that empower families to support their children's health. By gathering feedback from students and parents, we hope to create a responsive curriculum that addresses the diverse needs of our community. Together, we can build a supportive environment that nurtures the well-being of every student. Thank you for your continued support in this important endeavor.

Physical Health and Wellbeing Committee





## IST Library & Information Literacy Center

### Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

### Panda Book Awards

The Panda Book Awards is a reading initiative which invites students and teachers from participating international schools in China and beyond to vote for their favorite book published in recent years. Panda Book nominees meet selection criteria that focus on social justice, diversity and inclusion by authors and illustrators from across the world. To learn more about the Panda Book Awards, please visit: <https://libguides.isb.cn/friendly.php?s=pandabookawards>. Panda Book Awards voting will begin in February.



This week IST librarians recommend *Jina Jeong: Project Earth*, written by Carol Kim and illustrated by Ahya Kim.

This early chapter book in the Middle Readers category is recommended for students in grades 1-3. This book introduces climate change with a likeable character who is looking for solutions to a big problem.

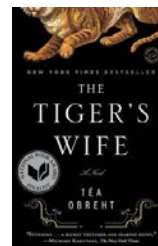


To borrow *Jina Jeong: Project Earth* or any of the Panda Book Award nominees from across five categories, please stop by the IST library.

### Parent Book Club

Our next Parent Book Club selection is the novel *The Tiger's Wife* by Téa Obreht. We will meet in the library to discuss the book on Thursday, Jan. 23 at 8:30 am. The library has copies of the book in English, Chinese, Korean, and German. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book.



Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30





**HELP YOUR CHILD EXCEL**

**IN SCHOOL AND PREPARE**

**FOR THEIR FUTURE!**

**Encourage them to  
Become a Coach in the Literacy Lab**

**Join Our Training Workshop  
February 8, 2025 | 8:30 AM – 1:00 PM**

**Sign Up Now. No Experience Needed**

For **Grades 6-8 Students**, volunteering in the Literacy Lab can help them:

- **Strengthen Their Skills in English:** They will improve their reading, writing, and speaking abilities while gaining confidence in using English for communication.
- **Build Communication Skills:** They will learn how to express ideas clearly, actively listen to others, and participate in meaningful discussions.
- **Collaborate with Peers:** They will practice working with others in a supportive and dynamic environment to achieve shared goals.
- **Enhance Problem-Solving Abilities:** They will develop critical thinking skills, organize their ideas, and find creative solutions while helping others.
- **Serve the Community:** They will contribute to a program that helps others succeed while building a sense of purpose and responsibility.
- **Prepare for Leadership:** Volunteering in middle school gives them the experience needed to take on manager or supervisor roles when they're in high school.

For **Grades 9-12 Students**, volunteering in the Literacy Lab can help them:

- **Become a Leader:** They can begin as a coach and work their way up to roles like manager or supervisor, some of the most prestigious student leadership positions in the school.
- **Stand Out on College Applications:** Literacy Lab leadership demonstrates responsibility and initiative. Many Lab leaders have been accepted to top schools like Cambridge, UC Berkeley, and the National University of Singapore (NUS).
- **Earn Internships and Jobs:** Their Literacy Lab experience has directly helped students secure paid internships and on-campus jobs.
- **Develop Skills for College:** They will gain real-world experience in public speaking, teamwork, and critical thinking—skills they will need to excel in higher education and beyond.
- **Build Service Experience:** They will demonstrate a commitment to giving back and serving their community, an essential component of leadership and personal growth.
- **Make a Difference:** They will support their peers, contribute to a culture of learning, and leave a positive impact on their school community.



## 帮助您的孩子在学校中表现优异，为未来做好准备！

鼓励他们成为读写实验室的教练

参加我们的培训工作坊

2025年2月8日 | 上午8:30 - 下午1:00

立即报名，无需经验。

对于6-8年级学生来说，参与读写实验室的志愿工作可以帮助他们：

- **提升英语技能：** 提高阅读、写作和口语能力，同时增强使用英语进行交流的自信心。
- **培养沟通能力：** 学会清晰表达想法，积极倾听他人意见，并参与有意义的讨论。
- **与同伴合作：** 在支持性和动态的环境中与他人合作，共同实现目标。
- **增强解决问题的能力：** 通过批判性思维组织想法并找到创造性的解决方案。
- **服务社区：** 参与帮助他人成功的项目，同时培养责任感和目标意识。

对于9-12年级学生来说，参与读写实验室的志愿工作可以帮助他们：

- **为领导力做好准备：** 中学阶段的志愿工作为高中担任经理或监督等角色奠定了基础。
- **成长为领导者：** 从教练开始，逐步晋升为经理或监督等角色，这些是学校中最具声望的学生领导职位之一。
- **在大学申请中脱颖而出：** 读写实验室的领导经验展现了责任感和主动性。许多实验室领导者已被剑桥大学、加州大学伯克利分校和新加坡国立大学（NUS）等顶尖大学录取。
- **获得实习和工作机会：** 读写实验室的经验直接帮助学生获得有薪实习和校内工作机会。
- **培养大学所需技能：** 通过实际经验掌握公共演讲、团队合作和批判性思维等技能，为高等教育及未来的成功做好准备。
- **积累服务经验：** 展示对回馈和服务社区的承诺，这是领导力和个人成长的重要组成部分。
- **带来积极影响：** 支持同伴，促进学习文化，并为学校社区带来积极的改变。



## 학교에서 뛰어난 성과를 내고 미래를 준비하세요!

리더십 랩 코치가 되어보세요!

교육 워크숍에 참여하세요

2025년 2월 8일 | 오전 8:30 - 오후 1:00

지금 등록하세요. 경험이 필요 없습니다.

6-8학년 학생들에게 리더십 랩 자원봉사는 다음과 같은 혜택을 제공합니다:

- **영어 실력 향상:** 읽기, 쓰기, 말하기 능력을 향상시키고 영어를 활용한 의사소통에 자신감을 얻습니다.
- **의사소통 능력 개발:** 아이디어를 명확히 표현하고, 다른 사람의 의견을 경청하며, 의미 있는 토론에 참여하는 법을 배웁니다.
- **또래와 협력:** 지원적이고 역동적인 환경에서 다른 사람들과 협력하며 공동의 목표를 달성하는 경험을 합니다.
- **문제 해결 능력 강화:** 비판적 사고를 통해 아이디어를 정리하고 창의적인 해결책을 찾는 능력을 키웁니다.
- **공동체에 기여:** 타인을 돕는 프로그램에 참여함으로써 책임감과 목적의식을 배웁니다.

9-12학년 학생들에게 리더십 랩 자원봉사는 다음과 같은 혜택을 제공합니다:

- **리더십 준비:** 중학교에서의 자원봉사 경험을 통해 고등학교에서 관리자나 감독 역할을 수행할 준비를 합니다.
- **리더로 성장:** 코치로 시작하여 관리자나 감독과 같은 학교 내 가장 명예로운 리더십 직책으로 성장할 수 있습니다.
- **대입 지원 시 경쟁력 확보:** 리더십 랩 리더십은 책임감과 주도성을 보여줍니다. 많은 랩 리더들이 캠브리지, UC 버클리, 싱가포르 국립대학(NUS)과 같은 명문 대학에 합격했습니다.
- **인턴십 및 직업 기회:** 리더십 랩 경험은 학생들이 유급 인턴십과 교내 직업을 얻는 데 직접적인 도움을 제공합니다.
- **대학 준비 기술 개발:** 대중 연설, 팀워크, 비판적 사고와 같은 실질적인 경험을 쌓아 고등 교육과 그 이후의 성공을 위한 기반을 다집니다.
- **봉사 경험 축적:** 공동체에 기여하고 봉사하는 헌신을 보여주는 것은 리더십과 개인적 성장의 중요한 요소입니다.
- **긍정적인 변화:** 또래를 지원하고 학습 문화를 조성하며 학교 공동체에 긍정적인 영향을 미칩니다.



## The Essay Editing Process: Involving a College Guidance Counselor

### 1. Initial Draft Review

- **First Impressions:** A college counselor can provide valuable feedback on the overall impact of the essay. They can assess whether the essay effectively conveys the student's personality and story.
- **Content Evaluation:** Counselors look for clarity in the main message and whether the essay addresses the prompt directly.

### 2. Structure and Organization

- **Flow and Coherence:** Counselors can help ensure that the essay has a logical structure, with a clear introduction, body, and conclusion. They can suggest improvements for transitions between paragraphs.
- **Focus on the Thesis:** Counselors will check if the main idea is clearly stated and consistently supported throughout the essay.

### 3. Content and Specificity

- **Authenticity Check:** They will evaluate whether the essay feels genuine and reflects the student's voice.
- **Anecdote Quality:** Counselors often suggest more specific examples or anecdotes that can make the essay more engaging and personal.

### 4. Language and Style

- **Tone and Voice:** A counselor can help ensure that the tone is appropriate for the audience and that the student's unique voice shines through.
- **Word Choice:** They may offer suggestions for more vivid or precise language to enhance the essay's impact.

### 5. Grammar and Mechanics

- **Proofreading:** Counselors will check for grammar, punctuation, and spelling errors. They can also ensure proper formatting is followed.
- **Style Consistency:** Ensuring consistent use of tense, perspective, and style throughout the essay.

### 6. Feedback and Revision

- **Constructive Criticism:** Counselors provide actionable feedback rather than just pointing out issues. They can guide students on how to improve specific areas.
- **Encouraging Revisions:** They often encourage multiple rounds of revisions, emphasizing that writing is a process that takes time and effort.

### 7. Final Review

- **Polished Draft:** Once revisions are made, the counselor will conduct a final review to ensure all feedback has been addressed and the essay is ready for submission.



- Confidence Boost: Counselors can reassure students about their essays, helping them feel confident in their submissions.
- Tips for Students When Working with a Counselor
- Be Open to Feedback: Encourage your child to approach feedback with an open mind. Constructive criticism is aimed at improving their work.
- Ask Questions: If something is unclear in the feedback, encourage them to ask the counselor for clarification or examples.
- Take Ownership: While counselors provide guidance, students should take ownership of their essays to ensure their voice remains authentic.

Note : The editing process is a vital step in crafting a compelling college admission essay. Involving a college counselor can provide invaluable insights and support, helping students refine their essays into effective representations of their personalities and aspirations. Counselors bring experience and perspective, guiding students to articulate their unique stories while ensuring clarity and coherence.

This step is important because it not only enhances the quality of the essay but also helps students feel more confident in their writing. A well-edited essay can set an applicant apart, showcasing their individuality and alignment with the university's values. Ultimately, this support can significantly impact the success of the college application process.



## HEALTH SCREENING FOR STUDENTS

Jan 24<sup>th</sup>, 2025

Dear Parents,

The school clinic will carry out health screening checks for all students:

Elementary – Tuesday 4<sup>th</sup> Feb and Thursday 6<sup>th</sup> Feb  
Secondary (except Gr 12) – Tuesday 11<sup>th</sup> Feb and Thursday 13<sup>th</sup> Feb

All students will have their height and weight measured. Students in Kindergarten and above will also receive a sight test (Students who have glasses or contacts permanently or for reading should wear them during the vision test); Students in Grade 1 up to Grade 11 will additionally receive a hearing test.

All students screened will receive a form to take home that day informing their parents of the results of the health screening. Please note that IST's clinic services provide a broad screening net only and that parents are responsible for any follow up treatment that tests might suggest to be warranted.

If for some reason you **do not** wish your child to have the health screening, please send in a note with your child.

If you have any questions or concerns, please feel free to contact the school clinic.

Sincerely,

Hongman Zhang & Wei Fan

School Nurses of IST



**HAPPY CHINESE  
New Year**

**YEAR OF THE SNAKE**

**Elementary China Week Main Events**

Jan. 20 <sup>th</sup> ~Jan.24 <sup>th</sup>	Activities	Time	Venue	Remarks
Monday	Opening Show Lion Dance	9:45-9:55	Outside in front of Han Building	Whole school Parents are invited
Wednesday	Temple Fair and Magic Show (N-5)	N-G1: 8:30-9:30 for Temple Fair N-G1: return to theater 10:05 for Magic show (10mins) G2-5: 10:10-11:10	Theater N-G5 sit on stage for the magic show starting at 10:10	Parents are invited Chinese costumes are recommended
Friday	Closing Show Dragon Dance by G5	3:00-3:10	Gym	Whole school Parents are invited



INTERNATIONAL  
SCHOOL of TIANJIN

Weekly

# THE BLAZE

Working Learning Acting TOGETHER



## GRADE 9 PERSONAL PROJECT INFORMATION SESSION



## 22 JANUARY 2025

**GRADE 9  
STUDENTS &  
FAMILIES**

Grade 9 students and families are invited to attend an information session about the Personal Project.



**9:30AM - 10:00AM  
LITERACY LAB**





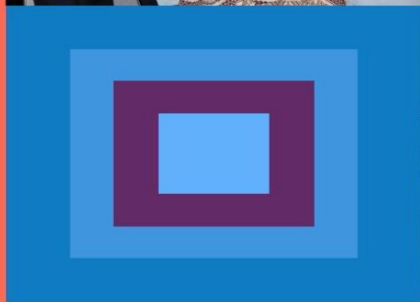
INTERNATIONAL  
SCHOOL of TIANJIN

Weekly

# THE BLAZE

Working Learning Acting TOGETHER

## GRADE 10 PERSONAL PROJECT EXHIBITION



## 22 JANUARY 2025

# ALL

WELCOME

Grade 10 has been working very hard to prepare and share their projects with the IST community!



10:00AM - 12:50PM  
ATOMIC CAFE



## Blood Donation Drive at IST

Dear Community members (parents, other adults, and 18-year-old students),

This is a friendly reminder about our Blood Donation Drive. We want to encourage your kindness in donating blood this upcoming Wednesday, January 22nd.

Please scan the code and answer the questions provided; this will only take about 5 minutes of your time. Attached is a form you will need to fill out to determine your eligibility to donate blood. We have Korean, Chinese, and English versions available. This has also been communicated through Toddle.



**Date:** Wednesday, January 22, 2025

**Time:** 10:00 AM - 4:00 PM

**Location:** IST Campus

These are the forms that you will need to fill in when donating blood:

English version: [IST Edited English version blood donation document.pdf](#)

Korean Version: [Blood Donation KOR.pdf](#)

Chinese version: [Chinese version blood donation document.pdf](#)

**A GIFT OF LIFE:**  
Understanding blood donation together

**What Is Blood Donation?**  
IT'S THE SIMPLE ACT OF GIVING BLOOD TO HELP PEOPLE IN NEED. BLOOD IS USED IN EMERGENCIES, SURGERIES, CANCER TREATMENTS, AND TO SUPPORT THOSE WITH CONDITIONS LIKE ANEMIA.

**Why Does It Matter?**

- SAVE LIVES: ONE DONATION CAN HELP MULTIPLE PATIENTS.
- SUPPORT OUR COMMUNITY: YOUR BLOOD HELPS LOCAL HOSPITALS CARE FOR NEIGHBORS AND FRIENDS.
- ADVANCE MEDICINE: BLOOD IS VITAL FOR RESEARCH TO DEVELOP NEW TREATMENTS.

**Types of Donations**

- WHOLE BLOOD: THE MOST COMMON, USED FOR MANY TREATMENTS.
- PLATELETS: HELP PATIENTS RECOVER FROM SURGERY OR CANCER TREATMENTS.
- PLASMA: SUPPORTS BURN VICTIMS AND CLOTTING DISORDERS.



*By Isabelle Chen*

*Service as Action-* Global awareness about Health Issues

‘Listening with Empathy’

Over the past few weeks, IST students have been learning about the various global issues that communities and individuals across the world encounter. On Wednesday afternoon, IST secondary students gathered in the theatre to learn about the importance of physical health and wellbeing. As part of this experience, Mrs. Frances Tschoepel very kindly shared her inspirational personal battle with cancer. Whilst she shared her story, she discussed the various procedures she undertook as part of her treatment and detailed her experience with blood donations and stem cell transplants. Many members of our IST community may be aware that IST will be facilitating a blood donation event on Wednesday the 22<sup>nd</sup> of January. As our secondary students learned, blood donations are a critical component in various medical treatments and aid patients of all ages, genders, and circumstances. Mrs. Tschoepel credited the success of part of her treatment as being due to the availability of donated blood, yet also recalled witnessing individuals who waited years to find potential stem cell donors. She also described witnessing children as young as 3 years old losing their hair due to intensive chemotherapy and detailed the exhaustive impact of her sickness on her overall health. Hearing her story touched all secondary students and serves as a reminder of the importance of access to high-quality healthcare. The coming blood donation event is a great opportunity for the members of our IST community to come together to promote equal access to healthcare, encourage technological and scientific developments in the medical industry, and provide a service that truly, can save countless people’s lives. We hope to see many of our IST community members there!

Sincerely,

Saga 11B



INTERNATIONAL  
SCHOOL of TIANJIN

Weekly

# THE BLAZE

Working Learning Acting TOGETHER



INTERNATIONAL  
SCHOOL of TIANJIN

## Chinese Bazaar

Wednesday Jan 22nd  
9:30 a.m. - 2 p.m.

Come along to IST and enjoy  
the joys and festivities of the  
Chinese New Year!

With over 30 vendors



International School of Tianjin, No. 22, Weishan Nan Lu, Shuanggang, Jinnan District, Tianjin, 300350,  
天津经济技术开发区国际学校天津分校, 中国天津市津南区 (双港) 微山南路22号, 邮编: 300350  
Tel: +86 22 2859 2001



### Weekly Menu 13 Jan~17 Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Carrot Cake Fruit Cut	Mini Pizza Fruit Cut	Banana Bread Fruit Cut	Cheese Sandwich Fruit Cut
Pizza Margherita 芝士比萨	Steamed Pork Dumplings 小笼包	Beef Lasagna 牛肉千层面	Kimbab 韩式饭卷	Spaghetti Bolognese 意大利肉酱面
Stir fry Vegetables 炒时蔬	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬
<i>Allergy: wheat, cheese</i>	<i>Allergy: wheat, soya sauce</i>	<i>Allergy: beef, cheese</i>	<i>Allergy: soya sauce</i>	<i>Allergy: wheat</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
<b>Nutritional reading over the week</b> 每周营养分析	Energy 热量 (Kcal) 719	Protein 蛋白质 (g) 25	Carbohydrate 碳水 (g) 115	Fat 脂肪 (g) 22

### Weekly Menu 20 Jan~24 Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Yoghurt Fruit Cut	Steamed Dumplings Fruit Cut	Banana Bread Fruit Cut	Carrot Cake Fruit Cut	Ham Sandwich Fruit Cut
Stir Fried Tomato with Egg 西红柿炒鸡蛋	Beef and Tomato Curry 番茄咖喱牛肉	Pork Dumplings 猪肉水饺	Fried Rice with Sausage and Egg 香肠鸡蛋炒饭	Fried Chicken 炸鸡
Plain Rice 米饭	Stir fry Corn 炒玉米粒	Stir fry Vegetable 炒时蔬	Stir fry Vegetable 炒时蔬	Roasted Potatoes 烤土豆
<i>Allergy: soya sauce, egg</i>	<i>Allergy: soya sauce</i>	<i>Allergy: soy sauce, wheat</i>	<i>Allergy: egg</i>	<i>Allergy: wheat</i>
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
<b>Nutritional reading over the week</b> 每周营养分析	Energy 热量 (Kcal) 722	Protein 蛋白质 (g) 29	Carbohydrate 碳水 (g) 102	Fat 脂肪 (g) 19

### Weekly Menu 20 Jan~24 Jan

Monday	Tuesday	Wednesday	Thursday	Friday
Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day
Farfalle with Pesto/Tomato/Cream Mushroom Sauce 意式蝴蝶面	Chicken Fajita 鸡肉法吉宅	Chili Con Carne 墨西哥炒牛肉馅	Turkish Shawarma 土耳其烤鸡腿肉	Grilled Fish with Black Pepper Sauce 黑椒煎鱼排
Stir fry Vegetable 炒蔬菜	Stir fry Vegetable 炒时蔬	Steamed Black Beans 蒸黑豆	French Fries 薯条	Stir fry Vegetable 炒时蔬
Roasted Egg with Herb 香草烤鸡蛋	Roasted Potatoes 烤土豆	<i>Allergy: beef, soy sauce</i>	<i>Allergy: wheat</i>	Macaroni with Tomato Sauce 番茄意面
<i>Allergy: cheese, egg</i>	<i>Allergy: wheat, soya sauce</i>			<i>Allergy: fish, herb</i>
Stir Fried Tomato with Egg 西红柿鸡蛋	Beef and Tomato Curry 番茄咖喱牛肉	Stir Fried Chicken with Lemon 柠檬炒鸡	Stir Fried pork with Kimchi 辣白菜炒猪肉	Indonesia Fried Rice with Pork 印尼炒米饭配鸡肉
Stir Fried Green Beans 干煸豆角	Stir fry Vegetables 炒时蔬	Stir fry Vegetables 炒时蔬	Stir fry Vegetable 炒时蔬	Shrimp Cracker 虾片
Steamed Rice 米饭	Steamed Rice 米饭	Steamed Rice 米饭	<i>Allergy: coconut, milk</i>	<i>Allergy: samba sauce, egg, shrimp cracker</i>
<i>Allergy: egg, soy sauce</i>	<i>Allergy: soy sauce, coconut</i>	<i>Allergy: soya sauce</i>		
Stir Fried Noodles Korean Style 辛拉面炒年糕	Noodles with Pork Soup 豚骨拉面	Noodles with Pork in Korean Bean Pasta 韩式炸酱面	Noodles with Seafood Broth 三鲜打卤面	Jingjiang Pork in Pita Bread 京酱肉丝配饼
Stir Fried Vegetables 素炒油菜	boiled Vegetable 煮蔬菜	Boiled Egg 煮鸡蛋	boiled Vegetable 煮蔬菜	Stir Fried Potatoes 清炒土豆丝
<i>Allergy: wheat, egg</i>	<i>Allergy: wheat, pork</i>	<i>Allergy: wheat, soy sauce</i>	<i>Allergy: dried tofu, shrimp, soy sauce</i>	Cucumber Salad 黄瓜拌面藕
				<i>Allergy: pork, wheat</i>
Laver and Egg Soup 紫菜鸡蛋汤	Noodle with Tomato Sauce 番茄面	Noodles with Soybean Paste 炸酱面	Noodles in Vegetable Sauce 打卤素面	Fried Rice with Vegetable 蔬菜炒饭
Banana Bread 香蕉包	Pumpkin Soup 南瓜汤	Red Bean Soup 红豆汤	Vegetable and Egg Soup 蔬菜鸡蛋汤	Tomato and Egg Soup 西红柿鸡蛋汤
	Cookies 饼干	Chocolate Cake 巧克力蛋糕	Carrot Cake 胡萝卜蛋糕	Fruit Tart 水果塔
<b>Nutritional reading over the week</b> 每周营养分析	Energy 热量 (Kcal) 769	Protein 蛋白质 (g) 30	Carbohydrate 碳水 (g) 115	Fat 脂肪 (g) 21



## DIARY DATES

Wednesday - Jan 22, 2025

PP Exhibition

Friday - Jan 24, 2025

Reports send home

Monday~Friday - Jan 27~31, 2025

Chinese New Year Holiday

Monday - Feb 3, 2025

Secondary Awards Assembly

Friday - Feb 7, 2025

Scholarship Application Closed

Grade 12 Mock Exams

Monday~Friday - Feb 10~14, 2025

Grade 12 Mock Exams

Saturday - Feb 22, 2025

Scholarship Exams

Wednesday - Feb 26, 2025

DP Option

## SPORTS DATES

15 Jan - 18 Jan (Wed - Sat)

ACAMIS HS Basketball Tournament

SIS (Shenzhen)

18-Jan (Sat)

ISAC MS Volleyball Tournament

Boys @ CISB; Girls @ HBJ

19-Feb (Wed)

ISCOT Chess (G4-12)

(12:00-15:30) WEL

24-Feb (Mon)

HS Football v WEL

Boys & Girls @ WEL

3-Mar (Mon)

HS Football v TEDA

Boys & Girls @ IST

4-Mar (Tues)

MS Basketball v TEDA

Boys & Girls @ TEDA

## WELCOME TO THE IST SPORTS AND CO-CURRICULAR ACTIVITIES (CCA) PROGRAM FOR THE 2024-2025 SCHOOL YEAR

Please take note of the following dates:

### Season 2 Sport Schedule

- ☺ Starts Monday, 25 Nov and ends Friday, 28 Feb
- ☺ The program will run for approximately 10 school weeks
- ☺ No CCAs during holidays and PTSCs (conferences)

Please do not hesitate to contact our department with any questions.

- ☺ Mr. Kennedy – Athletics Director (byron\_kennedy@istianjin.org.cn)
- ☺ Mr. Silvis – Activities Director (ben\_silvis@istianjin.org.cn)
- ☺ Ms. Guo Ying – Activities Officer (CCA's) (ying\_guo@istianjin.org.cn)
- ☺ Ms. Durian Wang – Activities Officer (Sports) (durian\_wang@istianjin.org.cn)
- ☺ Activity Office: telephone 022-28592003 / extension 8150.