Weekly Friday 6 September 2024

THE BLAZE

Working Learning Acting TOGETHER



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Dear Parents and Students

I start this week's edition of Blaze on a truly celebratory note ... "HAPPY BIRTHDAY IST!" That's right, 30 years ago yesterday, on 5 September 1994, IST opened its doors to some 20 Elementary students in a converted villa at 6 Munan Dao in Heping District. Our school has grown and developed incredibly since those early, fledgling years, but at its heart it has remained the same: *a friendly place where the needs of students come first*. We will celebrate 'our' school's birthday at school in two weeks on Friday 20th September, and again on Saturday the 21st as the focus of the PFO Picnic. For now, I want to thank the many thousands of students, parents, support staff and teachers who have loved and trusted our school over the years, and who have helped support its growth and development into a truly world-class facility and place of learning ... with 'simply the best' community!

I have recorded a very brief history of our school below, just in case you were not already aware!

- 5 September 1994: IST (then TIST) opened its doors at 6 Munan Dao.
- August 1997: IST expanded and opened a Middle School for Grades 6-8 just down the road from Munan Dao at a satellite campus in Dali Dao.
- August 1998: IST opened (just for one year) an additional satellite building in Xinhua Lu for our KG3 and Grade 1 students (again just down the road from the main campus).
- January 2001: IST moved into the Qin Building here at 22 Weishan Lu.
- May 2005: IST's first graduating class!
- August 2011: We inaugurated the new Han Building.
- 5 September 2024: IST turns 30!

I would also like to draw attention to just a few of our school's very early pioneers (employed by IST prior to the move to our Weishan Lu campus)

- <u>Eric Larson</u>, IST's first director. I was the Elementary Principal and Eric's Deputy Director.
 I learned from Eric the incredible importance of IST remaining a community-oriented school with a friendly, family feel.
- <u>Nick Bowley</u>, IST's second director, from 2001-2007. I was Nick's deputy also and learned from this inspiring educator the importance of maintaining clarity of institutional direction through a deep commitment to core beliefs and values about what constitutes high quality teaching and learning.
- <u>Jo Reston</u>, my lovely wife, who started with me in Mu Nandao way back in 1996, and who has always smiled and been a shining example of all that is good about our school.
- Jim Taylor, who joined IST just one year later in 1997 and who has been a stalwart of our middle school ever since.
- All of the 10 remaining local staff (teachers, TAs, and support staff) who moved with us from Munan Dao to Weishan Lu in January 2001: Christina Song, Louisa Wang, Angela Diao, Frances Zhang, Liu Yan, Lisa Fang, Susan He, Robin Liu, Helen Wang and Jennifer Liu.





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- Although they started later, here at Weishan Lu, I'd also like to acknowledge Mr. Conway and Ms. Dingle, both of whom have given 20⁺ years' service to IST, and can rightly be considered pioneers too!
- And of course, **EVERYONE** else!

HAPPY BIRTHDAY IST!



Jo Reston 1996



Jim Talyor 1997



Angela Diao 1997



Liu Yan 1998



Christina Song 1998



Louisa Wang 1998



Frances Zhang 1998



Susan He 1999



Lisa Fang 1999



Helen Wang 2000



Jennifer Liu 2000



Robin Liu 2000

Each year at this time our secondary students head off on **Week Without Walls** excursions, adventures around China that not only align with learning outcomes from our curriculum, but which also promote independence, teamwork and community building, and equally importantly, a greater appreciation of our amazing host country. Next week our Grades 6-11 students will be visiting the following locations:

Grade 6 – Qinhuangdao

Grade 9 – Taishan

Grade 7 – Qinhuangdao

Grade 10 – Qingdao

Grade 8 – Yanqing Grade 11 – Xi'an

Our Grade 12 students, however, will remain here at school to work on important components of the IB Diploma 'Core', including their **Extended Essays**, research papers of up to 4,000 words that give students an opportunity to conduct independent research or investigation on a topic that interests them.

Wishing you all a lovely early autumn, and our secondary students and supervising teachers and assistants, safe and enjoyable WWW excursions.

Steve Moody (-:

Director

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IST Library & Information Literacy Center

Our Mission

The IST Library is a friendly place where our community is inspired and challenged to think critically, read widely, act ethically, value creativity, and defend the right to access information.

Author Visit September 23 & 24

We are excited to welcome author Mo O'Hara to IST on the 23rd & 24th of September. O'Hara is the author of many books for children, including the *My Big Fat Zombie Goldfish* chapter book series and *Agent Moose* graphic novel series. You can visit her website here: https://moohara.co.uk. During her visit, she will be running assemblies and workshops for students in Nursery to grade 9. Parents are welcome to attend one of the assembly presentations. A schedule will be shared closer to her visit.



Some of O'Hara's books are available to order

through our partner Obido books (please see the attached order form). Please note that local stock of her books is limited, and most books will be imported. Students who order her books can bring a copy of their online receipt and Mo will sign a sticker that can be put in the books once they are delivered.

The "Fiction Effect"

Some studies have found evidence in support of the "fiction effect". According to John Jerrim, a Professor of Education at the University College London Institute of Education, the "fiction effect" is the effect that reading fiction texts, compared to other texts such as nonfiction or short articles, has on reading skills. This research says that young people who read fiction texts have **significantly stronger reading skills** than their peers who do not. Jerrim writes that the effect might be caused because "it requires young people to concentrate and read deeply, encouraging meaningful thought and reflection upon what they are reading". You can read more about Jerrim's research here.

Parent Book Club

Our next Parent Book Club selection is the novel *Piranesi* by Susanna Clarke. We will meet in the library to discuss the book on **Thursday, September 19**th, in the IST library. The library has copies of the book in English, Chinese, and Korean. A digital copy in English or Chinese is also available upon request.

All interested parents are welcome to join us for a book discussion, coffee, and treats, even if you haven't had a chance to read the book.



Library hours: Monday to Thursday 7:30 to 4:30 | Friday 7:30 to 3:30





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The student cartoon by Jiyun Lee, Jiyoon Jung, Jeong Min Park, Yeseo Choi, is part of a CAS project for the IB Diploma Programme. As such, the cartoon engages with a complex matter in an effort to bring nuance and perspective to a sensitive topic. This is in keeping with our schoolwide goal where we, "champion diversity of thought and the critical thinking and open-minded inquiry and learning across a range of topics and disciplines that deepen conceptual understanding and intellectual growth and independence."

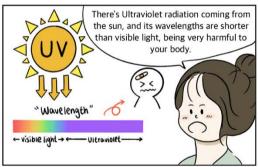


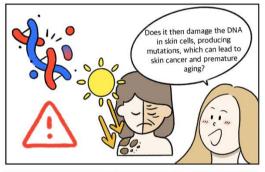
Sunscreen Protection

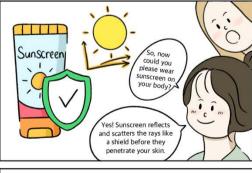
Illustrated by Ye Seo Choi G11 Written by Jiyun Lee G11













Credit Box:

https://www.hopkinsmedicine.org/health/wellness-and-prevention/sunscreen-and-your-morning-

<u>routine#:~:text=Wearing%20sunscreen%20is%20one%20of,Anna%20Chien%20addresses%2</u> 0common%20concerns.

https://www.bbc.com/future/article/20240607-are-you-using-suncream-correctly



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REPEFINING PINX X CHROMATICS

Min Hee Park & Bernie Lin

Dear IST Parents.

We are Bernie Lin and MinHee Park from G11, we are excited to introduce the "Redefining Pink x Chromatics" initiative, a project focused on menstrual equity and gender equality in our schools. Our project aims to provide menstrual hygiene products, and essential education, and reduce the stigma around menstruation.

We seek your support in raising funds to distribute products and organize educational workshops that empower students. Your contribution will help create a supportive environment for all.

Thank you for considering this important cause. Together, we can make a significant difference!

There is a QR code for any interested grants, and we would be excited to see you during the PFO picnic!

친애하는 IST 학부모님께,

저희는 11학년, Bernie Lin과 MinHee Park입니다. 우리 학교의 생리 평등과 성 평등에 초점을 맞춘 프로젝트인 "Redefining Pink x Chromatics"를 소개하게 되어 기쁘게 생각합니다. 월경에 대한 낙인을 줄입니다.

<mark>우리는 제품을 배포하고 학생들에게 힘을 실</mark>어주는 교육 워크숍을 조직하기 위한 기금 모금에 여러 분의 지원을 구합니다.

이 중요한 원인을 고려해 주셔서 감사합니다. 함께하면 큰 변화를 만들 수 있습니다! 아래는 관심 있는 보조금에 대한 QR 코드입니다. PFO 피크닉 동안에도 만나 뵙게 될 수 있어서 기쁩니다!

감사합니다,

亲爱的IST家长.

我们是来自G11的Bernie Lin和MinHee Park,我们很高兴推出"Redefining Pink x Chromatics" 倡议,该项目专注于我们学校的月经公平和性别平等。 我们的项目旨在提供 月经卫生用品和必要的教育,并减少对月经的污名化。

我们寻求您的支持,筹集资金来分发产品,并组织教育研讨会,赋予学生权力。 您的贡献 将有助于为所有人创造一个支持性的环境。

感谢您考虑这个重要原因。 我们可以一起<mark>做出重大的改变!</mark> 下面是任何感兴趣的助学金 QR码,我们很乐意在PFO野餐期间见到你!



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P70 Welcome Lunch

IST







THE MESH AT SHERATON

SEPTEMBER 12TH

11:00-14:00



200RMR PER PERSON



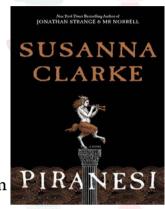
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Come along to our monthly meet ups to discuss books and enjoy coffee & cakes!

This month's book is *Piranesi* by Susanna Clarke. The library has copies in English, Chinese and Korean.

Our next meeting is September 19th at 8.30am in the Library.



Even if you haven't read the book come along.

Book suggestions welcome. Hope to see you there!



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Weekly Menu (9~13 Sept)

Type	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Yoghurt	Carrot Cake	Mini Pizza	Banana Bread	Cheese Sandwich
	Fruit Cut	Fruit Cut	Fruit Cut	Fruit Cut	Fruit Cut
	Pizza Margherita	Stir Fried Pork in Pita Bread	Ground Beef in Tomato Sauce	Hamburger	Chicken Finger
Set Meal	芝士 比萨	京酱肉丝配荷叶饼	番茄肉酱飯 Stir fry Vegetable 炒蔬菜	牛肉汉堡	炸鸡条
	Stir fry Vegetables 炒蔬菜				Stir fry Vegetable 炒蔬菜
	Jili II y Vegetables 分疏来			French Fries	Roasted Potatoes
	Allergy: wheat, cheese	Allergy: wheat, soybean	Allergy: beef, cheese, milk	薯条	烤土豆
	Micigy: Wheat, cheese	Mergy: Wheat, soybean	Micigy: beer, enecse, mink	Allergy: wheat, soya sauce	Allergy: breadcrumb
Fruit	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week		Energy 热量 (Kcal)	Protein 蛋白质 (g)	Carbohydrate 碳水(g)	Fat 脂肪 (g)
每周营养分析		710	25	105	20

Weekly Menu (16~20 Sept)

Type	Monday	Tuesday	Wednesday	Thursday	Friday
Snack			Banana Bread Fruit Cut	Carrot Cake Fruit Cut	Vegetable Sandwich Fruit Cut
Set Meal			Chicken Teriyaki 照焼鸡排 Stir fry Vegetable 炒蔬菜 <u>Allergy: soya sauce.</u> <u>breadcrumb</u>	Steamed Pork Dumplings 小笼包 Stir fry Vegetable 炒蔬菜 Allergy: wheat, soya sauce	Chicken Quesadilla 芝士鸡肉饼 Stir fry Vegetable 炒蔬菜 <i>Allergy: wheat, cheese</i>
Fruit			Fruit of the Day	Fruit of the Day	Fruit of the Day
Nutritional reading over the week 參周普兼分析		Energy 热量(Kcal) 715	Protein 蛋白质(g) 26	Carbohydrate 碳水(g) 102	Fat 脂肪(g) 19

Weekly Menu (9~13 Sept)							
Type	Monday	Tuesday	Wednesday	Thursday	Friday		
Salad/ Fruit	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day	Seasonal Fresh Salad Bar Fruit of the Day		
Western Food	Pizza Margherita 芝士比萨 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 土豆角 Allergy: wheat, cheese	Chicken Stewed French Style	Ground Beef in Tomato Sauce 番茄肉酱飯 Stir fry Vegetable 炒蔬菜 Plain Rice 来飯 Allergy: beef, cheese, milk	Hamburger 牛肉汉堡 French Fries 薯条 <u>Allergy: wheat, soya sauce</u>	Chicken Finger 炸鸡条 Stir fry Vegetable 炒蔬菜 Roasted Potatoes 烤土豆 <u>Allergy: breadcrumb</u>		
Asian Food	Stir Fried Tofu with Vegetables 蚝油鸡片豆腐 Cabbage with Vermicelli 包菜炒粉丝 <u>Allergy: soya sauce</u>	Spicy Hot Pot 麻辣香锅 Stir Fried Zucchini 素炒西葫 Plain Rice 来级 <i>Allergy: soya sauce, chili</i>	Stir Fried Duck with Cumin	Korean Soybean paste Soup 大酱汤 Plain Rice 米级 <u>Allergy: soya sauce, chili</u>	Steamed Fish 豉汁蒸鱼 Stir fry Eggplant 红烧茄子 Allergy: garlic, soya sauce		
Noddle Dishes	Noodles with Green Beans 豆角焖面 Cucumber Salad 拌黃瓜 Fried Eggs 煎鸡蛋 <u>Allergy: wheat, egg</u>	Stir Fried Pork in Pita Bread 京酱肉丝配荷叶饼 Mixed Vegetables 素什锦 Allergy: wheat, soya sauce	Steamed Pork Dumplings 特肉包子 Mixed Noodles with Cucumber 麻酱拌牛筋面 <u>Allergy: seasame, wheat</u>	Noodles with Spicy Chicken 大盘鸡配宽面 boiled Vegetables 煮蔬菜 <u>Allergy: Wheat, Chili</u>	Noodles in Beef Soup 酸汤肥牛面 Boiled Vegetable 煮蔬菜 Allergy: beef, soya sauce		
Vegetarian		Zucchini and Egg Dumplings 西葫鸡蛋水饺	Vegetable Steamed Dumplings 蔬菜包子	Vegetable Soybean Soup 蔬菜大酱汤	Stir Fry Eggplants with Potatoes 红烧土豆茄子		
Soup	Tomato and Egg Soup 西红柿鸡蛋汤	Pumpkin Soup 南瓜汤	Green Pea Soup 绿豆汤	Vegetable and Egg Soup 蔬菜鸡蛋汤	White Fungus Sweet Soup 銀耳红豆羹		
Dessert	Banana Bread 香蕉包	Cookies 饼干	Swiss Roll 瑞士卷	Apple Pie 苹果派	Fruit Tart 水果塔		
Nutritional reading over the week 等周营养分析		Energy 热量(Kcal) 765	Protein 蛋白质(g) 26	Carbohydrate 碳水(g) 102	Fat 脂肪(g) 22		







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DIARY DATES

Monday~Friday - September $9\sim13$, 2024 Week Without Walls (G6-12)

Saturday - September 14, 2024 Staff PD

Monday - September 16, 2024 Long Weekend

Tuesday - September 17, 2024 Mid-Autumn Festival

Friday - September 20, 2024 Celebration of 30th Anniversary Day

Saturday - September 21, 2024 PFO Picnic

Monday~Tuesday - September 23~24, 2024 Author Visit

SPORTS DATES

Saturday, 7 September – ISCOT Golf hosted by IST@TBD

Friday, 20 September -ES Table Tennis (G3-5) (12:00-15:30)@TIS

> Saturday, 21 September – ISAC MS Football Exchange Boys @ BIBA; Girls @ BWYA

Monday, 23 September -HS Volleyball v TEDA-Boys & Girls @ TEDA

Thursday, 26 September MS Football v TEDA-Boys & Girls @ IST

Monday, 7 October HS Volleyball v WEL-Boys & Girls @ IST

Welcome to the IST Sports and Co-Curricular Activities (CCA) Program for the 2024-2025 school year

Please take note of the following dates:

Season 1 Sport Schedule

- © Starts Monday, 2 Sep and ends Friday, 15 Nov
- $^{\odot}$ The program will run for approximately 10 school weeks
- On CCAs during holidays and PTSCs (conferences)

Please do not hesitate to contact our department with any questions.

- Mr. Kennedy Athletics Director (byron_kennedy@istianjin.org.cn)
- Mr. Silvis Activities Director (ben_silvis@istianjin.org.cn)
- Ms. Guo Ying Activities Officer (CCA's) (ying_guo@istianjin.org.cn)
- Ms. Durian Wang Activities Officer (Sports) (durian_wang@istianjin.org.cn)
- © Activity Office: telephone 022-28592003 / extension 8150.