

MENU NURSERY-G1

| | Monday 2024-06-03 | Tuesday 2024-06-04 | Wednesday 2024-06-05 | Thursday 2024-06-06 | Friday 2024-06-07 |
|--|---|--|---|--|-------------------|
| Snack | Yoghurt Fruit Cut | Carrot Cake Fruit Cut | Mini Pizza Fruit Cut | Vegetable Pie Fruit Cut | |
| Set Meal | Stir Fry Noodles 炒面 Stir fry Vegetable 炒时蔬 Vegetable Sticks 蔬菜条 Allergy: flour, soya sauce, oyster sauce | Chicken Curry 咖喱鸡肉 Vegetable Sticks 蔬菜条 Steamed Rice 米饭 Allergy: coconut, curry paste | Pork Rolls 猪肉卷 Sweet Corn and Vegetables 玉米粒炒蔬菜 Vegetable Sticks 蔬菜条 Allergy: flour, pork, soya sauce, green garlic | Baked Fusilli w/Meat patty 螺旋面配牛肉饼 Stir Fry Zucchini and Corn 西葫玉米 Vegetable Sticks 蔬菜条 Allergy: Beef, onion, tomato sauce | |
| Fruit | Fruit of the Day | Fruit of the Day | Fruit of the Day | Fruit of the Day | |
| Drinks | Milk/Yoghurt/Yakult | Milk/Yoghurt/Yakult | Milk/Yoghurt/Yakult | Milk/Yoghurt/Yakult | |
| Nutritional reading over the week | Energy 热量 (Kcal) | | Protein 蛋白质 (g) | Carbohydrate 碳水化合物 (g) | Fat 脂肪 (g) |
| 每周营养分析 | 730 | | 27 | 105 | 26 |
| Nutritional recommendation | Energy 热量 (Kcal) | | Protein 蛋白质 (g) | Carbohydrate 碳水化合物 (g) | Fat 脂肪 (g) |
| 营养建议 | 725 | | 25 | 100 | 25 |

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.