

MENU NURSERY-G1

| | Monday 2024-05-27 | Tuesday 2024-05-28 | Wednesday 2024-05-29 | Thursday 2024-05-30 | Friday 2024-05-31 |
|--|--|--|---|--|---|
| Snack | Yoghurt Fruit Cut | Carrot Cake Fruit Cut | Cookies Fruit Cut | Banana Bread Fruit Cut | Vegetable Sandwich Fruit Cut |
| Set Meal | Margherita Pizza 比萨 Sweet Corn and Broccoli 玉米粒西兰花 Vegetable Sticks 蔬菜条 Allergy: flour, tomato sauce, cheese, herb | Steamed Rice with Sausage 广式香肠饭 Stir Fried Cabbage 炒洋白菜 Vegetable Sticks 蔬菜条 Allergy: oyster sauce, soya sauce | Pasta with Cheese 蝴蝶芝士面 Grilled Chicken with Vegetable 煎鸡胸肉 Vegetable Sticks 蔬菜条 Allergy: flour, herb | Pork Dumplings 猪肉白菜水饺 Sweet Corn and Vegetables 玉米粒炒蔬菜 Vegetable Sticks 蔬菜条 Allergy: flour, pork, soya sauce, green garlic | Chicken burger 鸡肉汉堡 Vegetable Sticks 蔬菜条 Roasted Potato 烤土豆 Allergy: pork, soya sauce |
| Fruit | Fruit of the Day | Fruit of the Day | Fruit of the Day | Fruit of the Day | Fruit of the Day |
| Drinks | Milk/Yoghurt/Yakult | Milk/Yoghurt/Yakult | Milk/Yoghurt/Yakult | Milk/Yoghurt/Yakult | Milk/Yoghurt/Yakult |
| Nutritional reading over the week | Energy 热量 (Kcal) | | Protein 蛋白质 (g) | | Fat 脂肪 (g) |
| 每周营养分析 | 726 | | 25 | | 27 |
| Nutritional recommendation | Energy 热量 (Kcal) | | Protein 蛋白质 (g) | | Fat 脂肪 (g) |
| 营养建议 | 725 | | 25 | | 25 |

Morning snack offer available at 6 rmb, Snack are only available for daily set lunch consumers.